



## Feeling Safe in an Unsafe World: How to Talk to Children and Adolescents about Traumatic World Events

Children's exposure to frightening or violent events in the media is ever-increasing. This talk will provide parents, teachers, counselors, and other adults practical recommendations on how to talk to children and adolescents about traumatic events to help re-establish a sense of wellbeing and safety.

### Our Speaker:

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**Laura Vecchiolla, PsyD**  
Sandstone Psychology Group

Laura Vecchiolla, PsyD, is a licensed clinical psychologist and founder of Sandstone Psychology Group. Previously, she spent several years as a pediatric therapist in a therapeutic day school working with children with emotional, behavioral, and developmental difficulties. Dr. Vecchiolla assists individuals across the lifespan who have experienced grief, loss, and traumatic stress. She is passionate about making psychological insight and change accessible for all through myth and storytelling.

**In-person at the  
Oak Park Public Library  
Veteran's Room, 2nd floor  
834 Lake St, Oak Park**

**Livestreaming on Facebook**

**SEPTEMBER 29, 2022  
7:00 - 8:30 PM CT**

**FREE EVENT**

**FACEBOOK.COM/THRIVECCI**