

Art Therapy Group

With Angela Potaczek, LCPC, Counselor and Art Therapist



What: This group is for adults interested in exploring creativity through artmaking. Participants will work on art projects at home, then talk about their art with group members via Zoom video in a relaxing, non-judgmental environment.

Who: Adults age 18+

When: Tuesdays 4:00-5:00pm beginning November 10

How: via Zoom platform

Necessary supplies: art materials, an email address, and technology that accommodates Zoom

Note: Participants must provide their own supplies

For additional information or to register for the group, please contact either:

Group Coordinator Tolly Baseman, LCPC at (708) 383-7500 x407

Angela Potaczek, LCPC at (708) 383-7500 x115