



## ***Announcing the Winter/Spring 2020 Session!***

**Sibshops** is a program specially designed for brothers and sisters of kids with special needs, which can include developmental & physical disabilities or emotional & mental health challenges.

For 1<sup>st</sup>-7<sup>th</sup> grade siblings



**Saturdays: January 18, February 1 & 15,  
March 7, April 4 & 18, May 2**

11:30 a.m. -1:30 p.m. ~ Lunch provided  
Thrive Counseling Center, 120 S. Marion St., Oak Park

Sponsored by  
River Forest Township in partnership  
with Thrive Counseling Center

*"I really believe it  
empowers the kids  
when they support  
other siblings."*

-Sibshops Parent

At Sibshops, brothers and sisters will:

- ❖ Meet & talk with other siblings of kids with special needs
- ❖ Share with trained facilitators in age-appropriate breakout sessions
- ❖ Engage in fun activities which generate conversation & ideas

*Priority given to participants from Oak Park & River Forest.*

\$10/session per sibling  
Need-based scholarships available



**Community Mental  
Health Board of  
Oak Park Township**



HOPE RESILIENCE RECOVERY



**RIVER FOREST  
TOWNSHIP**

Caring | Connection | Community