

# THRIVE TALKS

## *Speaker Series: Inspiring Healthy Families*

Presented by Thrive Counseling Center

7:00 p.m. — 8:30 p.m.

Oak Park Public Library, Main Library, Veterans Room  
834 Lake Street, Oak Park, IL 60301

### **TALK #1: January 31, 2019**

**Creating a Peaceful Family with Steven Parker, LMFT**

### **TALK #2: February 21, 2019**

**Social Media and Technology: The Effect on Families with Heidi Hamernik, PhD and Isaac Lopez, LCSW**

### **TALK #3: March 21, 2019**

**Caring for Family Members Living with Dementia: Navigating the Ambiguity with Darby Morhardt, PhD, LCSW**

### **TALK #4: May 9, 2019**

**Help, Healing, and Hope for Families Living with Mental Illness with Marian Sassetti, MD, FAAFP**

**All THRIVE TALKS are open to the public and free of charge.**

For questions please contact Monique Slater at [m Slater@thrivecc.org](mailto:m Slater@thrivecc.org) or 708.383.7500 x322

<https://www.thrivecc.org/thrive-talks/>



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