



Studio Thrive

Refresh your creative energy, build motivation, and express your emotions in a healthy, positive manner

Roll up your sleeves and join us for this dynamic creative wellness group for teens! Emphasis is on personal growth in a supportive, fun & inspiring studio environment.

**Experiment artistically while learning to
access your feelings.**



**Begins February 13, 2019
For teens ages 14-18 years**

**Wednesdays 6:00pm - 7:30pm
Led by Laurie Johnson, MSW and Katie O'Brien, BFA**

Cost: \$320/8 week session (\$40/session)

Please call to get details about utilizing your insurance benefits. This group may be free based on your insurance coverage.

Contact Laurie Johnson at 708-383-7500 ext. 409 for more information