

# THRIVE TALKS

## *Speaker Series: Inspiring Healthy Families*

Presented by Thrive Counseling Center

7:00 p.m. — 8:30 p.m.

Oak Park Public Library, Main Library, Veterans Room  
834 Lake Street, Oak Park, IL 60301

**January 31, 2019**

### **Creating a Peaceful Family with Steven Parker, LMFT**

Common to all families is the desire to have kind, loving and peaceful homes. Couples want to have loving relationships in which they believe their lives are enriched as a result of the other one in it. Parents want their children to be happy, healthy and successful. Yet, with the best of intentions, people develop habitual patterns that lead to struggle. For over 40 years Steve Parker has successfully helped couples, families, and individuals change their lives for the better. In his talk, Steve will be sharing the wisdom gained from his work. You will learn how to interrupt those all too familiar patterns that keep the same struggles happening over and over again. You will learn to address relationship issues in a calm and respectful way rather than by being emotionally reactive. You will leave equipped with practical and concrete ideas of how to create more of the family you want.

- ◆ Steven Parker is a licensed Marriage and Family Therapist in private practice. He is a Clinical member and Approved Supervisor for the American Association for Marriage and Family Therapy.
- ◆ Steven is an active board member of Thrive Counseling Center and Co-Chair of the Program Development Committee.
- ◆ Steven has provided family therapy training for staff at Metropolitan Family Services, Thrive Counseling Center, and private group practices. He is a guest lecturer at the Loyola School of Social Work, Chicago.

**All THRIVE TALKS are open to the public and free of charge.**

For questions please contact Monique Slater at [m Slater@thrivecc.org](mailto:m Slater@thrivecc.org) or 708.383.7500 x322

<https://www.thrivecc.org/thrive-talks/>



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